Ormao Dance School

Class style descriptions

Creative Movement (3-yr olds)
A wonderful time for young dancers to learn the joy of movement! Dancers will explore all the different ways their body can move as well as explore space and dynamics while experimenting with props to enhance creativity. Our focus here is creativity, individuality and proper class etiquette.

Pre-Ballet (5 yr olds)
More structured than Tots Creative Movement, begins to include many ballet elements, but still focused on joy of movement! Class includes some ballet barre exercises, an introduction to many ballet terms, as well as expanding upon creative exercises to explore their own body movement and the space around them.

Ballet
With a focus on proper alignment, posture, long body lines, and shapes, it is a graceful, romantic, movement style. The mechanics of ballet can be complex and should be learned slowly with patience as it strengthens the body’s center, legs, and feet for all forms of dance. Most dancers take several years in each of our levels learning the foundation of simpler ballet exercises before moving on to the next level.

Hip-Hop
Classes are geared toward positive hip-hop, teaching knowledge on the urban culture and helping to empower kids to use their inner talent. This class teaches rhythm, coordination, musicality, and age-appropriate hip hop choreography without suggestive music/movements. Mixed with social dances, locking, a little popping and little breaking, this class starts off with a basic warm-up, then is broken down with a hip-hop combo. Our Hip Hop dancers develop focus, strength, and agility while having fun. This is an excellent class for high-energy kids who want to take a fast and fun dance class.

Modern
A free dance style and concept, modern dance is usually executed barefoot and focuses on the spirit of innovation, restricted only by the limitations of the human body. Modern dance is about the design of motion, supports individual expression, and is generally more grounded or weighted, and initiates movement from the body core. Teachers may use live drums and percussion or other music from world beat to classical. Come see an Ormao Dance Company performance to see the variety of styles included in modern dance!

Jazz
A distinctly American art form, jazz celebrates stylization of shapes and is a melting pot of many dance forms. It is beneficial for students to have ballet or modern dance experience before beginning jazz since it uses similar vocabulary and teaches discipline and coordination in the legs and feet. Jazz accentuates body part isolations, flexibility, centered placement, multiple turns, and leaps along with the current dance style seen in clubs using current pop, techno, jazz, or hip hop music.

Lyrical/Contemporary
A blend of jazz, modern, and ballet technique which typically expresses the lyrics of pop musical ballads through smooth, connected, and sensuous movement. Experience in jazz, modern, and/or ballet required.

Tap
This fun dance form teaches dancers the art of rhythm and musicality by creating music with special metal tap shoes. Excellent for all ages!